

Lancaster Lightning 2011

Athletic Code of Ethics

- Fair, hard play at all times, showing respect for opponents, officials and spectators.
- Conduct with the highest degree of character on and off the field.
- Complete observance of all training rules
- Give opponents the credit for their ability and the respect you would hope to receive in return.
- Be modest and considerate in victory; be gracious in defeat.
- Realize it is an honor and a privilege to represent Lancaster Youth Track Club.
- Realize that team success comes before individual recognition.
- Sportsmanship and competition are the primary reasons for summer track athletics

ATHLETIC CODE OF CONDUCT

RULE 1 - ATTENDANCE AT PRACTICE AND MEETS

- Athletes must practice each scheduled day in the same week to run in the upcoming Saturday meet.
- Athletes who arrive late or not in proper area (with proper practicing clothes and shoes) will not be able to run in upcoming Saturday meet.
- Athletes, who are absent from practice for reasons other than illness, religious event, or family event will have their eligibility left to the discretion of the board. Practice is mandatory unless personally excused by the coach.

RULE 2 – CONDUCT UNBECOMING AN ATHLETE

Athletes will not display behavior on or off the playing field which, in the opinion of the coaching staff, is considered insubordinate or inappropriate to standards of conduct, attitude or sportsmanship.

Sanction

Punishment will be handled by the coach and the board. The range of punishment goes from verbal warning to dismissal from the team.

RULE 3 – TOBACCO/ALCOHOL/DRUGS IN ANY FORM

Athletes will refrain from the use or possession of tobacco, alcohol, and the illegal use or possession of drugs, including steroids. This will result in immediate removal from the team.

Athlete Signature

Date

Parent(s)/Guardian Signature

Date